

Can Your Cell Phone Help You Lose Weight?

Sprint is offering the MyFoodPhone service, which lets users send pictures of their meals via camera phone to nutritionists, who then offer diet advice.

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Sprint said Tuesday it would like the newest diet fad to include cameraphones carried by its subscribers.

The cellular operator Tuesday made the MyFoodPhone service available to its customers to help them [monitor](#) their food intake and assess the nutritional value of what they eat. The service enables subscribers to snap pictures of their food and send it to the service. There, nutritionists can analyze the meal and offer suggestions.

The \$9.99 monthly service provides feedback from nutrition experts via videos on a bi-weekly basis, Sprint said in a statement.

"MyFoodPhone is a lifestyle solution for anyone who wants to get help making healthy eating choices -- by using the photos they take with the one device they always have in their pocket," Pierre Barbeau, general manager of Picture Mail for Sprint, said in a statement.

Besides sending in pictures of their meals and snacks, the service enables users to track their weight and level of exercise, the company said.

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